2023 LC Varsity Football Spring Schedule May/June

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			May 24 th	May 25 th		
			12/11 grade gear	10 th grade gear		
			issue	<mark>issue</mark>		
28	29	30	31	1	2	3
	Memorial	Practice	Practice	Practice		
	Day	3:10 – 5:30	3:10 – 5:30	3:10 - 5:30		
4	5	6	7	8	9	10
	Practice	Practice	Practice			
	3:10 – 5:30	3:10 – 5:30	3:10 - 5:30			
11	12	13	14	15	16	17
	Practice	Practice	Practice			
	3:10 – 5:30	3:10 - 5:30	3:10 – 5:30			
18	19	20	21	22	23	24
	No School	Last Day of School	Border	Border	Border	
	Juneteenth		Camp	Camp	Camp	
	Practice		9:00 – 12:00	9:00 - 12:00	9:00 - 12:00	
	2:00-4:00		Location TBA	Location TBA	Location TBA	
25	26	27	28	29	30	1
	8:00 – 10:00 @ Hart	8:00 – 10:00 @ Hart	8:00 – 10:00 @ Hart	8:00 – 10:00 @ Hart		
	Weights/Football	Weights/Football	Weights/Football 7 on 7 10:00 @ Hart	Weights/Football		

2023 LC Varsity Football July Schedule

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 8:00 – 10:00 @ Hart Weights/Football	NO Weights 4 th of July Holiday	5 8:00 – 10:00 @ Hart Weights/Football No 7 on 7	8:00 – 10:00 @ Hart Weights/Football	7	8
	9 10 8:00 – 10:00 @ Hart Weights/Football	8:00 – 10:00 @ Hart Weights/Football	12 8:00 – 10:00 @ Hart Weights/Football 7 on 7 10:00 @ Hart	13 8:00 – 10:00 @ Hart Weights/Football	14	15
1	6 8:00 – 10:00 @ Hart Weights/Football	18 8:00 – 10:00 @ Hart Weights/Football	19 8:00 – 10:00 @ Hart Weights/Football 7 on 7 10:00 @ Hart	20 8:00 – 10:00 @ Hart Weights/Football	21	22
2	3 24 8:00 – 10:00 @ Hart Weights/Football	25 8:00 – 10:00 @ Hart Weights/Football	26 8:00 – 10:00 @ Hart Weights/Football 7 on 7 10:00 @ Hart	27 8:00 – 10:00 @ Hart Weights/Football	28	29

2023 LC Varsity Football August Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4	5
6	7	8	Each player must have 8 practices to compete in the jamboree and 12 to play in game #1	Be sure to sign up for fall football on Final Forms	Be sure to purchase you GSL card	12
13	Conditioning Baseline testing Final Forms Check-off 9:00 -10:30 a.m. @ Hart Field	Conditioning Baseline testing Final Forms Check-off 9:00 -10:30 a.m. @ Hart Field	First Day of Football Practice #1 9:00 – 11:30 1:00 – 2:30	Practice #2 9:00 – 12:00	Practice #3 9:00 – 11:30 1:00 – 2:30	Practice #4 9:00 – 12:00
20	Practice #5 9:00 – 11:30 1:00 – 2:30	Practice #6 9:00 – 12:00	Practice #7 9:00 – 11:30 1:00 – 2:30	Practice #8 9:00 – 12:00	25 Team Pictures Jamboree Time & Location TBD	Film Practice #10 9:00 – 10:30 @ LC
27	28 Practice #11 3:10 – 5:30	29 Practice #12 3:10 – 5:30	30 Practice #13 3:10 – 5:30	31 Practice #14 3:10 – 5:00	Game #1 vs. Ferris	2